Brewster Recreation Flag Football

When: Tuesdays, September 25th thru October 23rd. 2-3pm

Where: Eddy Elementary

Who: Children in grades

3-5

<u>Cost</u>: \$30 for Brewster residents, \$40 for non-residents



The Brewster Recreation staff will sign your child out, at dismissal from Eddy Elementary School and bring them to the field. New teams will be made each week!



For more information, please call us at 508-896-9430 or sign up at www.brewsterrecreation.com

FLAG FOOTBALL RULES

The offensive team takes possession of the ball at its 5-yard line and has four (4) plays to cross midfield. Once a team crosses midfield, they have four (4) plays to score a touchdown.

If the offense fails to score, the ball changes possession and the new offensive team starts its drive on its own 5-yard line.

If the offensive team fails to cross midfield, possession of the ball changes and the opposition starts its drive from its own 5-yard line.

All possession changes, including interceptions, start on the offense's 5-yard line.

Quarterbacks are NOT allowed to run.

Players are NOT allowed to rush the quarterback.

No blocking, "screening" or flag blocking is allowed at any time.

Players may not physically or verbally abuse any opponent, coach or official. This is a REC LEAGUE. We are here to have FUN!

