## Welcome to Mass Audubon's Vacation Adventurers!

We are so excited to learn and play in nature with you this week!

- Drop off is at 9am and pick-up is at-2:30pm at the Eddy Elementary School.
- Each day we will focus on a different wildlife theme and explore various habitats on Cape Cod.
- Campers will take field trips via passenger van.

## What to Wear and Bring (and what not to!)

#### \*Please, label your child's clothing and belongings\*

Lost and Found items will be donated at the end of the camp season.

#### Your child should wear:

- Layered clothes that can get wet and dirty play clothes
- A hat with a brim for sun protection
- Socks and sneakers or close-toed shoes. No open-toed sandals or "jellies" please!
- insect repellent

#### Your child should bring a backpack containing:

- An insulated lunch bag with icepack. Please consider packing a minimal-waste lunch.
- A peanut and tree-nut free snack and lunch.
- Insect repellent/Sunscreen
- A refillable water bottle
- An extra layer for cool days or windy conditions, and a water-proof layer on drizzly days
- A spare set of clothes and/or shoes is recommended for <u>ALL campers</u> on days when we are partaking in an aquatic activity.

#### Please leave these items at home:

- Flip-flops, or open "slip on" sandals
- All electronic devices and hand-held video games (if campers have cell-phones they will remain in the camper's back-packs)
- Personal treasures, collectable cards, and items of value
- ABSOLUTELY NO Pocketknives, matches, firearms and ammunition, or other potentially dangerous items
- Peanuts/Tree-nuts due to allergy concerns. Thank you!

# A Day in the Life at Vacation Camp

\*Each day is a new adventure at Vacation Camp. This is a rough SAMPLE glimpse into a typical day.

9:15 am – 9:45am	Camper Check-in, Free Play/Crafts until 9:45am
9:45 am	Morning Circle
10 am	Build a Bug Craft
	*If a group is taking a field trip, they will depart for the day*
10:15 am	Leaping Lillipads Game
10:30 am	Snack (brought from home) & Bathrooms
10:40-12 pm	Log Rolling, and create an "insect zoo"
12:00 pm	Lunch (brought from home)/Pick-up for Half Day Campers
12:30 pm	"Camouflage" Outdoor game
1:00 pm	Dragonfly Metamorphosis Science Activity
	*Group returns from field trip*
1:45 pm	Free Play and Closing Circle
2:30 pm	Camper Check-out / Pick-up

### Scheduled Field Trips

Tuesday: Remain on-site, and explore BCT Vernal Pool Trails Wednesday: Cape Cod Museum of Natural History Thursday: Nickerson State Park Friday: Cape Cod Sea Camps Beach Property (Horseshoe Crab Surveys, and Beach Clean-up!)